

A black and white photograph of two shirtless men lying in bed. The man in the foreground is looking towards the camera, while the man behind him is looking slightly away. They are both resting their heads on white pillows.

My Health is *Hot*

How hot are you?

HIV is most easily transmitted during the first couple of months after infection

- » As many as half of new transmissions happen during this time, before the virus is detectable.
- » Knowing your HIV status is hot. Being tested for HIV regularly should be a part of your active and healthy sex life.
- » Today, treatment can prevent the spread of HIV to your partners with as little as one pill a day.

To arrange a test
call a nurse at
1-866-778-7736.

Find out more about HIV at

MyHealthisSexy.com



Interior Health
Every person matters